

University of Iowa Health Care





# 2011 EDUCATION CONFERENCE

CHILD AND ADOLESCENT MENTAL HEALTH



### **LOCATION:**

Urmila Sahai Seminar Room Sahai Medical Education Center 2117 Medical Education and Research Facility Iowa City, IA

**Sponsored by:** University of Iowa Children's Hospital Department of Pediatrics Roy J. and Lucille A. Carver College of Medicine

In cooperation with: American Academy of Pediatrics, Iowa Chapter



# PROGRAM SCHEDULE

Friday, September 23, 2011 Urmila Sahai Seminar Room, Sahai Medical Education Center 2117 Medical Education and Research Facility

8:00 a.m.	Continental Breakfast			
8:25	Welcome by Thomas Scholz, MD, Interim Department Head			
Moderators	: Royann Mraz, MD, and Deb Waldron, MD			
8:30	Linda Miller Status and Future of Mental Health Reform in Iowa			
9:00	Keynote Speaker			
	Jose Belardo, JD, MSW, MS			
	The Social Determinants of Mental Health			
10:00	Break			
10:15	Ken Cheyne, MD <i>Talking to Teens: Screening for Risks and Strengths</i>			
11:00	Parent Panel Parent Voice			
11:45-1:00	Lunch — MERF Atrium			
	AAP Lunch Meeting, 1117 MERF			
	Special Guest: Michael Severson, MD, FAAP			
	Update from National AAP			
	.5 AMA PRA Category 1 Credits <sup>™</sup>			
1:00	Grand Rounds Tracy Moran, PhD "Doctor, There's a Baby on Your Couch": Understanding the Scope of Infant Mental Health and Related Parental Psychosocial Factors			
2:00	Jennifer McWilliams, MD Collaberating Beteewn Psychiarty and Pediatrics: Working Together to Bridge the Gap			
3:00	Break			
3:15	Royann Marz, MD Development and Autism Screening			
4:15	Closing Remarks and Adjourn			

Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.

DISCLOSURE POLICY: Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.

### **Course Description**

The Pediatric Education Conference is presented by members of the faculty of the Department of Pediatrics at the University of Iowa Carver College of Medicine as well as by selected guest faculty. The program is designed to provide pediatricians, family physicians, nurses, and other child health care providers with an overview of recent developments in areas of current interest, concern and controversy. The 2011 conference will focus on Child and Adolescent Mental Health issues relevant for the general pediatrician, family practitioner and other healthcare professionals who work with children and adolescents.

### **Objectives**

Upon completion of the course, participants should be able to:

- 1. Act as a first resource for children and families with mental health concerns.
- 2. Discuss the scope and impact of children's mental health problems.
- 3. Use standardized tools for mental health, developmental and autism screening.
- 4. Screen, evaluate, and treat adolescents for mental health needs.
- 5. Listen firsthand about the challenges faced by families of children with mental health problems.
- 6. Evaluate and initiate treatment for urgent mental health problems in children and adolescents, including psychopharmacology.
- 7. Screen and address parental depression.
- 8. Recognize the consequences of parental mental health on young children's development and well-being.
- 9. Discuss mental health initiatives in Iowa and the U.S.
- 10. List mental health resources in Iowa.

### **Registration Fees**

The registration fee for the conference is \$170. The fee includes breaks, continental breakfast, luncheon, syllabus, parking and the processing of continuing education credits. Nurses and other health professionals may register for \$70. Residents and fellows from other institutions may register for \$25 upon presentation of a letter of introduction from their chief of staff. Full time Carver College of Medicine faculty, non-salaried clinical faculty, residents, fellows and medical students attend the conference for free but must register and pay \$10 if they wish to receive lunch and conference materials.

### REFUNDS

While registration is open until the start of the meeting, we encourage early registration to enable us to provide the best possible service to participants. A conference refund is available minus a \$25 cancellation fee, up to one week prior to the conference. No refunds will be allowed after Friday, September 16, 2011.

### **Conference Location**

The conference will be held in the Urmila Sahai Seminar Room, Sahai Medical Education Center, Room 2117 Medical Education and Research Facility at the University of Iowa, Iowa City, Iowa.

### **Accommodations**

Participants are responsible for making their own hotel reservations and may do so by contacting the Iowa City/Coralville Convention and Visitors Bureau at (800) 283-6592 or any hotel in the Iowa City area including: hotelVetro (downtown) (319) 337-4961; the Sheraton Iowa City Hotel (downtown): (319) 337-4058; the Coralville Marriott Hotel & Conference Center: (319) 688-4000; the Holiday Inn (Coralville): (319) 351-5049. Please mention you are attending a University of Iowa event to inquire if there is a special university rate.

### **Emergency Calls**

You may be reached by calling the hospital operator at (319) 356-1616 and asking for pager 3772. Please have the caller identify the conference you are attending.

#### Parking

Parking is available in the Newton Road Parking Ramp across the street from the conference location. A parking pass will be included with registration materials for paid participants only. University of Iowa faculty and staff will not receive a parking pass.

### Credit

**Physician:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Iowa Carver College of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Family Physician:** Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Nurse: This program is offered in cooperation with the University of Iowa College of Nursing, an Iowa Board of Nursing approved provider, number 1. Full time attendance will award 7.2 contact hours. Program number 11 266 93 has been assigned.

All registered attendees will receive certificates of participation.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, (319) 335-0705.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at (319) 335-8599.

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## UNIVERSITY OF IOWA CHILDREN'S HOSPITAL 2011 EDUCATION CONFERENCE REGISTRATION FORM FRIDAY, SEPTEMBER 23, 2011

Please Print Clearly:

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	Iowa City, IA 522		C	
Phone:	319-335-8599 F			
Online:	www.medicine.uio	wa.edu/cme and click	on Upcoming (	Conferences

The University of Iowa requests this information for the purpose of processing your registration. No persons outside the University of Iowa are routinely provided this information.

# **GUEST PRESENTERS/FACULTY**

### Linda Miller

Iowa State Representative, 82<sup>nd</sup> District Des Moines, IA

### Captain Jose Belardo, JD, MSW, MS

Regional Health Administrator, Region VII U.S. Department of Health & Human Services U.S. Department of Labor Occupational Safety & Health Administration Kansas City, MO

### Ken Cheyne, MD

President, American Academy of Pediatrics, Iowa Chapter Medical Director, Blank Children's Hospital Adolescent Medicine Specialist Des Moines, IA

### Michael Severson, MD, FAAP

American Academy of Pediatrics, District VI Chair Shakopee, MN

### Tracy Moran, PhD

Assistant Professor, Erikson Institute Child Clinical Psychologist Chicago, IL

## **UI FACULTY**

### Jennifer McWilliams, MD

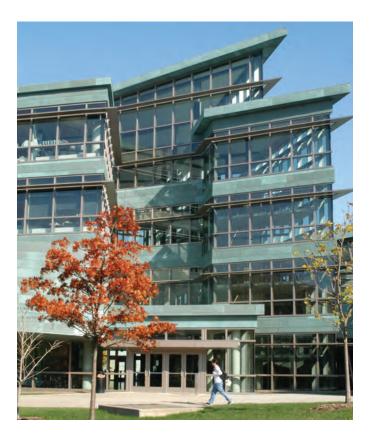
Clinical Assistant Professor Child and Adolescent Psychiatry

### Royann Mraz, MD

Clinical Associate Professor of Pediatrics Division of Neurology, Development and Behavior

### **Program Planning Committee**

- Royann Mraz, MD, Pediatric Neurology, Development & Behavior, Committee Chair
- Eva Tsalikian, MD, Pediatric Endocrinology
- Stacy McConkey, MD, General Pediatrics & Adolescent Medicine
- Ken Cheyne, MD, President, American Academy of Pediatrics, Iowa Chapter
- Donna Wong-Gibbons, PhD, Executive Director, American Academy of Pediatrics, Iowa Chapter



For additional information on this program and other upcoming CME events at the UI Carver College of Medicine, please visit http://www.medicine.uiowa.edu/cme/.



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Roy J. and Lucille A. Carver College of Medicine Continuing Medical Education Division 100 Medicine Administration Building Iowa City, IA 52242-1101 **2011** Child and Mental Health Conference September 23, 2011

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